

星 構 旅 遊 有 限 公 司 Sin-Pen Travel Sdn Bhd

: 113-A, Macalister Road, 10400 Georgetown, Penang, Malaysia.
 : +604-226 6161
 : +604-228 6161

: tour@sinpen.com

www.sinpen.com Towards Iso 9001: 2008 Quality Mangement...

8天7夜

昆明/大理/丽汀 中甸(香格里拉) 🚥



Tour Code: CKH

★风味餐: • 过桥米线 + 汽锅鸡 • 粤菜风味 • 石林烤鸭 大理砂锅鱼风味。马帮菜风味。雪山自助餐

精简行程:

第一天 抵达昆明/石林(机上用餐/晚餐

入住酒店

酒店: 石林阿诗玛酒店或同级

第二天 石林/九乡/昆明 (早/午/晚餐)

- 大石林风景区 (含电瓶车)
- 九乡溶洞 (含游船 + 缆车)
- 金马碧鸡坊
- 东西诗塔

酒店: 昆明香江大酒店或同级

第三天 昆明/大理 (早/午/晚餐)

- 大理古城(洋人街)
- 大理银器

酒店: 大理N度酒店或同级

第四天 大理/中甸(香格里拉)

- 天龙八部影视城 喜洲白族民居三道歌舞
- 长江第一湾
- 虎跳峡(视天气许可)
- 独克宗古城

酒店: 谷神养生酒店或同级

第五天 中甸(香格里拉)/丽江

- 纳帕海
- 藏民家访

酒店: 丽江绿韵酒店或同级

第六天 丽江(早/午/晚餐)

- 玉龙雪山云杉坪 (大索道)
- 甘海子
- 白水河+兰月谷(含电瓶车) 玉水寨
 - 螺旋藻专卖店

酒店: 丽江绿韵酒店或同级

第七天 丽江 + 昆明(早/午/晚餐)

- 丽江古城
- 黑龙潭
- 束河古镇

酒店: 昆明香江大酒店或同级

第八天 昆明-回程(早/午餐/机上用餐) ● 花市

行程次序,以当地旅社安排为准。

观光景点:







昆明

- 金马碧鸡坊-高12米,宽18米,雕梁画栋精美绝伦,是昆明的象征。金马碧鸡坊始建于明朝宣德年间,至今已 有近四百年的历史。
- 东西寺塔-两塔均始建于南诏时代。巍巍双塔,一东一西,遥遥相望,古色古香。
- 花市-昆明最大的鲜花与干花的聚集地。

石林风景区-整个景区由密集的石峰组成,有如一片石盆地。这里的石林直立突兀,线条顺畅,并呈淡淡的青灰色,最高大的独立岩柱高度超过40米。其中有"莲花峰"、"剑峰池"、"千钧一发"、"极狭通人"、"象距石台"、"幽兰深谷"、"凤凰梳翅"等典型景点。(含电瓶车)

宜良

九乡溶洞-以溶洞景观为主、溶洞外自然风光、人文景观、民族风情为一体的综合性风景名胜区,有"溶洞博物馆"之称。

大理

- 大理古城-- 简称榆城,位居风光亮丽的苍山脚下。大理古城始建于明洪武十五年(1382年),是全国首批历史文 化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产品的店铺和风味十足的白族饮食店,还可以在 洋人街喝杯饮料,享受一番。
- 天龙八部影视城-中国西部最大的影视城,还可以观看到南诏宫廷乐舞及皮影戏、踩高跷、抛绣球等民俗文艺
- 喜洲白族民居三道歌舞-传承着白族传统的民间民俗舞蹈、传统的白族小调和大本曲弹唱等古老的表演形式。 一边欣赏歌舞,一边品尝大理正宗白族"一苦二甜三回味"的三道茶。

中甸(香格里拉)

- 长江第一湾-到了香格里拉县的沙松碧村,突然来了个100多度的急转弯,转向东北,形成了罕见的"V"字形大 弯,人们称这天下奇观为"长江第一湾"
- 虎跳峡-世界上最深的峡谷之一。
- 独克宗古城- 收藏了一千多年时光雕刻的历史沧桑的古镇,藏族特色建筑文化在这里重放异彩。
- 藏民家访-让您体验一下真正藏族人家的生活。
- 纳帕海- 位于香格里拉县城东 25 公里的高山峻岭中,四周群山环 抱,林木苍翠,雪峰连绵。它由雪山溪流汇 聚而成,湖水碧蓝,雪山树影倒映湖中,清丽醉人.

- 玉龙雪山云杉坪-云杉坪索道依山傍水,两岸树木郁郁葱葱,玉龙雪山诸峰千姿百态,相互映衬,心旷神怡是 你此时最好的感受。
- **甘海子**-原为高山冰蚀湖泊,后来雪线上升,积水减少以至干涸,于是人称"干海子"
- 白水河 一条从雪山流出的河水,河水是雪山积雪融化后又经岩层过滤,在泉水涌出而最终汇成白水河。
- 玉水寨-寨内的神泉碧绿纯净、清潺透明,顺山势奔流而下,形成著名的"出龙瀑"、"戏龙瀑"、 "神龙三叠水"
- **丽江古城-**具有800多年历史的丽江古城,街道不拘于工整而自由分布,主街傍水,小巷临渠,300多座古石桥 与河水、绿树、古巷、古屋相依相映,极具高原水乡古树、小桥、流水、人家的美学意韵。
- 黑龙潭-公园内有近76万平方米面积的湖面,形状如一弯新月,湖中心有亭子,亭与湖岸另一侧有一珍珠泉出
- 束河古镇 -是纳西族先民最早的聚居点,也是木氏上司的发祥地,从这里,可以感受到更为古朴的纳西民俗。



特产购物站 普洱茶,丝绸,宝树堂

自费项目: ●昆明"云南映像"歌舞秀 [RMB260/人] 出发日期: 航班行程: 团费 机场税及燃油附加费 小费 旅行社代收费 签证 旅行保险 总数 成人 小孩



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8D7N

KUNMING/DALI/ **LIJIANG + SHANGRI**

Tour Code: CKH



★ Special Cuisine: • Cross-Bridge Rice Noodle • Cantonese Cuisine

Stone Forest Roast Duck
 Ma Cuisine
 Snow Mount Buffet

Schedule:

D1 ARRIVAL KUNMING/ STONE FOREST (MOB/D)

Hotel : Shilin Ashima Hotel or Similar Classes

D2 STONE FOREST/ JIU XIANG/ KUNMING (B.

- Stone Forest Scenic Area
- (Included Buggy)
- Jiuxiang Cave
- (Include Boat Trip + Cable Car) Golden Horse & Green Rooster
- Archways

 East and West Temple Pagoda Hotel: Xiangjiang Hotel or Similar Classes

D3 KUNMING/ DALI (B/L/D)

- **Dali Ancient Town**
- Dali Silverware

Hotel: Xiangjiang Hotel or Similar Classes

D4 DALI/SHANGRILA (B/L/D)

- Tian Long Ba Bu Film City
- Xizhou Village First Bend of the Yangtze River
- Tiger Leaping Gorge

 Du Ke Zong Old Town

Hotel: GUSHEN Hotel or Similar Classes

D5 SHANGRILA -LIJIANG (B/L/D)

- Napa Lake Wetlands
- Zang Minority Home Visit Hotel: Lvyun Hotel or Similar Classes

D6 LIJIANG/DALI (B/L/D)

- Yulong Snow Mountain (YuShanPing) Ganhaizi (Dry Sea)
- White River (Included Buggy Service)
- Yushui Village
- Spirulina Shop

Hotel: Lvyun Hotel or Similar Classes

D7 LIJIANG+KUNMING (B/L/D)

- Lijiang Ancient Town
- Hei Long Tan (Black Dragon Pond) Shuhe Old Town

Hotel: Kunming Xiangjiang Hotel or Similar Classes

D8 KUNMING - DEPARTURE (B/L/MOB

Flower Market

Local Product Shop: · Tea House • Silk Shop · Bao Shu Tang

Special FREE

 Impression Liliand Performance Show **worth RMB190*

Sequences of Itinerary are subject to local arrangement.

Tourist Attractions:







KUNMING

- Golden Horse & Green Rooster Archways The symbol of Kunming city. Built in Chinas Ming Dynasty, it has history of more than 400 years
- East and West Temple Pagoda Originally built during the 9th century,13 stories high, with statues set in the external niches of each level.
- Flower Market The largest flower supplier of the world.

SHILIN

Stone Forest Scenic Area - In the Major Stone Forests, people marvel at the natural wonders before The pillars of rock tower into the air seemingly just springing up from the ground. These stalagmites form a twisted jungle of stone

Jiuxiang Scenic Area-Jiuxiang Scenic Area is perched in mountainous area, where Yi ethnic minority and Hui ethnic minority are inhabited. Jiuxiang scenic area is blessed with lofty mountain ranges, criss-cross rivers and verdant trees. Taking karst cave as its major tourist attraction, Jiuxiang is crowned as "museum of karst caves", whose caves are large in scale, time-honored in history, diversified in shapes and jaw-dropping in scenery.

- **Dali Ancient Town** The traditional Bai ethnic folk houses give the town distinctive feel. The town's layout was uniform, with five main streets from south to north and eight main streets from east to west.
- **Tian Long Ba Bu Film City -** Constructed for the purpose of filming the TV series "Tian Long Ba Bu" specially invested by Dali Provincial Tourism and Holiday Zone.
- Xizhou Village A beautiful walled town that has a lot of buildings still in traditional style and enjoy the 3 courses tea performance here

ZHONGDIAN (SHANGRILA)

- Napa Lake Wetlands ("Lake behind the forest") Nature Reserve is a state-designated wetlands area situated some 8 kilometers north of Shangri-La County (aka Zhongdian County) on the Yunnan-Guizou Plateau in northwestern Yunnan Province. Not surprisingly, this wetlands area is a true paradise for all types of birds, most especially for water fowl.
- Zang Minority Home Visit Learn the culture of Zang Minority
- Du Ke Zong Old Town There is a place you can find the colorful Tang Ka, the printing or drawing for
- First Bend of the Yangtze River The river makes a 90 degree turn from south to east within a distance of 1 kilometer
- Tiger Leaping Gorge Is a good hiking trail with comfortable inns all along it and spectacular views of one of the deepest gorges on earth

LIJIANG

- Yulong Snow Mountain Yunshanping The best place to view the scenery of Yulong Snow
- Ganhaizi (Dry Sea) It had been a highland glacial lake before the 1940s and was formed after the
- White River The water is extremely clean as it is filtrated and purified by gravel and stones when running, and hasn't been polluted at all, so call White River. Yushui Village - Is the central region of the Naxi Dongba Holy Land, the ancient city is the source of
- Lijiang., Baisha Township in Lijiang County is the birthplace of the central Naxi culture as the world recognized.
- Lijiang Ancient Town Famous for its orderly system of waterways and bridges. The old town of Lijiang differs from other ancient Chinese cities in architecture, history and the culture of its traditional residents the Naxi people
- **Black Dragon Pond** Its surroundings are all green with grass and shaded by swaying willow trees. In its waters, the Jade Dragon Snow Mountain is reflected.
- Shuhe Old Town Is a well-preserved example of town along the ancient tea route and one of the earliest settlements of Naxi people's ancestors.

Optional Tour: • Kunming Dynamic Yunnan Show [RMB260/Person] Flight: Departure Date: Airport Tax & Fuel Surcharge Travel Insurance Tour Fare Tippina ACF Visa Total Adult Child